



Knowlesville Art & Nature Centre
PROUDLY LOCATED IN RURAL NEW BRUNSWICK, CANADA

Re-Wilding Ourselves: Becoming Outdoor Humans

July 31st - August 2nd, 2023

10:00 AM on Monday – 4:00 PM on Wednesday

Cost: \$100

Program Description: *Trekking through the woods and sleeping under the stars. Join Tegan Wong-Daugherty and Shannon Herbert as they lead us off the beaten track over Skiddaddle ridge and all the way to South Ridge - we will carry what we need, keeping our gear minimal to free ourselves to fully immerse ourselves into the wild. While we will pack some basic foods, we will amplify with wild foraging. We will build fires for cooking and community in the evenings and mornings. There will be hiking and playing in the woods - as well as time for meditation, reflection and crafting. This is a special retreat from our digital, media filled world - a chance to reground in the natural rhythms of the woods and streams.*

Please fill-in the following details & send back by mail or email:

Name:

Address:

Phone(s):

Email:

Allergies/Dietary Restrictions or Preferences:

Healthcare Number:

Family Doctor:

Doctor phone number:

Medications usually/occasionally taken not being brought:

Medications: Y or N If yes, please list:

First Bush Craft Experience?: Y or N Slept in a Tent before?: Y or N

Emergency Contact (used only in an emergency)

First Name:

Last Name:

Phone #:

Work #:

Cell #:

Relationship to participant :

Additional Information that you wish to include:

Medical Information & Consent Form

1. It is the policy of **Knowlesville Art & Nature Centre** to notify the emergency contact of an adult participant if the participant is ill or needs medical attention. If, we cannot contact the emergency contact and need to get immediate medical assistance, our procedure is to take the participant to the nearest emergency service.
2. Please sign the consent below so that we can take appropriate action on your behalf if you are not capable or conscious. We will take this consent with us to the emergency centre.
3. I hereby give consent for myself, _____ when ill or injured to be taken to the nearest emergency centre by the staff at **the Knowlesville Art & Nature Centre** when I am incapacitated to receive medical treatment.

Signature _____ Date: ____/____/____

Release of Liability:

As a condition of my participation in the Art & Nature program, I agree to release the Knowlesville Art & Nature Centre, any establishment where the program is held, its employees and agents from any and all liability for any bodily injury, property damage, death or loss of nature and kind that may occur from participation in any activities of the Art & Nature School.

Signature of Participant _____ Date: ____/____/____

Photo Consent

During lessons, activities, and events, our staff like to take photos to chronicle the event. We sometimes use these photos to promote and showcase the Knowlesville Art & Nature Centre through social media, our website, and occasionally newsletters or blogs. I hereby give permission for photos of myself, captured during activities through video, photo and digital camera, to be used solely for the purposes of Knowlesville Art & Nature Centre promotional material publications, and waive any rights of compensation or ownership thereto.

Signature _____ Date: ____/____/____

Payment Details:

Cheque for \$100 payable to Knowlesville Art & Nature Centre or send an e-transfers to admin@knowlesvillenature.ca. Please send cheque to: Knowlesville Art & Nature Centre, 111 Simms Rd, Knowlesville, NB E7L 1B1.

Your spot is reserved once payment is received. Thank you.