

Wild Child SPRING PROGRAM

NATURE'S RAINBOW

MATERIALS

- "THE STORY OF THE ROOT CHILDREN"* BY SIBYLLE VON OLFERS
- MAGNIFYING GLASSES
- SEEDS OR BULBS
- SOIL
- PAPER CUPS
- FOLDING TABLES
- BEAN BAGS OR SILKS
- PERMANENT MARKER

*THIS BOOK IS SMALL- SO EVERYONE CAN SEE THE PICTURES, PRINT OUT THE PAGES OF "THE ROOT CHILDREN" ONE PAGE PER PRINTER SHEET. PRINT OUT THE WORDS AND GLUE TO THE BACK OF THE PICTURE SO THE CHILDREN CAN SEE THE PICTURES WHILE YOU READ THE STORY.

SET UP

Set up table with planting materials out of way

PROGRAM

Opening Circle (songs and dances)

The purpose of opening circle is to get the blood and breath moving. Feel free to substitute songs with dances or movements from your own repertoire or look up the ones we use.

-Go-around of names and everyone repeats name and claps for each syllable (optional- this can be challenging for very young kids.)

-“Good morning dear earth”

-Mouse, penguin, eagle (tiny circle with one foot in centre, small circle with elbows

touching, large circle with ‘wings’ spread

-“I like to rise when the sun she rises”

-“Headstrong Horses”

-“Small horses”

Rainbow of Colour

Give each child a bean bag or silk. Have them hold arms overhead at a 45 degree angle. Gentle toss the bean bag or silk from hand to hand while singing:

A rainbow of colours up over my head
indigo, violet, and crimson red
Orange is next, then yellow so true
And all that’s left are green and blue!

The Story of the Root Children

Collect the bean bags/silks and gather into a group sitting on the ground

Read the story

Invite the children on an adventure to discover the colours of the rainbow in nature that the root children have helped to bring.

Rainbow Scavenger Hunt

Look for natural items of every colour of the rainbow.

Collect a small piece if ethical, or draw a little picture

When you find all the colours, lay out the samples or the pictures and look at all the colours of the rainbow!

'You're only safe if' (running game)

The instructor is 'it'

The instructor says "you're only safe if... (insert color or plant here) you're touching a tree/touching the colour green/touching a grey rock... etc.

The instructor counts to 5 and then runs after the kids, tagging anyone who isn't touching the 'safe' place

The kids who get tagged now help the instructor tag for the next 'you're only safe if' (or continue playing with only the instructor as 'it')

This is a great game to teach plants!

Transition song:

Rainbow bridge from darkest night

Softly will unfold.

Rainbow bridge from day's bright light

To where tales are told.

To a land of misty skies

Where the dreams and secret lie.

With the red and blue and gold

Stories will be told.

Plant Seeds

The children have a chance to plant a seed and nurture it just like the root children

Set up folding tables on the ground for a flat place to work

Pass out paper cups

Allow children to fill them with soil

Each child plants a seed into their cup

Closing Circle

Circle dance: Wishata dewyah

(Any song can be used, along with simple walking in a circle or coming in and out of the circle)